

## **ISD Virtual Learning**

# Public Safety 10-12

April 15, 2020



#### Public Safety Lesson: April 15, 2020

### Objective/Learning Target: Verbal Judo 1/3 Using words for compliance

instead of physical control.

#### What is happening in each of these pictures.



When we have seen or been involved in conflict like one of the pictures what might we hear people say?

Calm down stop yelling

You have no reason to be upset

You're being unreasonable

you're overreacting

what's your problem Settle down Breath! Sit Down



listen to me

Are these responses geared toward understanding and opening up the communication with upset person?

Have you ever seen this work effectively?

Would this work for you?

As you watch the following TedTalk, notice how the speaker gives validation to the angry person while gaining control of a situation and the subject he is dealing with.

Talk WITH someone in a manner that demonstrates understanding and concern for feelings and emotions. Disregarding or invalidating someone's emotional responses causing or allowing an acceleration of the situation.

Which one provides an opportunity for a peaceful resolution?

OR

#### Lesson Activity

The following link is of the Master of Verbal Judo. He has taught this course to millions of groups, agencies, officers, teachers, and business people.Getting someone to comply with something they don't want to do is an art, he has mastered it. As you watch the following video, think about ways you might be able to apply this skill in the hallway, cafeteria, classroom, with friends, work, or eventually in a career of Public Safety.

May have to restart on this link.

#### Verbal Judo: The Art Persuasion

### **Dr. George Thompson**

#### **Verbal Judo Tactics & Techniques**

Dr. George J. Thompson is the President and Founder of the Verbal Judo Institute, a tactical training and management firm based in Auburn, NY. He has trained more than 700,000 police, corrections, and security professionals and his Verbal Judo course is required in numerous states. The course has been tailored for other organizations, including mental health, the gaming industry, and hospitals.

#### Reflection

As we watch a few of these training videos, please think of ways you can use these techniques in your day to day life.

All of us deal with stressful situations in our daily lives and could have handled better if not differently.

Can you think of situations you've been involved in where you could have used his perspective to handle it differently?